

Risk Assessment

Expeditions & Journeying

Lindley Educational Trust

Hollowford Centre

Current as of May 2012

By Becki Heys

Review date by 1st May 2013

Benefit Statement		As well as the benefits of hill walking (or other forms of travel). Expeditions allow us to explore wild and remote places that we might not get to in a single day. Eating and sleeping out in the great outdoors is an exciting, challenging, rewarding and highly memorable		
HAZARD	RISK	CONTROL MEASURE	FURTHER ACTION REQUIRED	RESPONSIBILITY / DUE & COMPLETED DATES
Minibus Travel	Various injuries	Separate Risk Assessment		
General	Various injuries	Code of Practice applies Suitably qualified & experienced instructor (includes First Aid) Clear briefings & supervision All accidents, near misses and incidents are recorded and appropriate action undertaken as required. Safety reviewed in staff meetings. Seek & share information with similar providers	No further action at this stage	
<i>For every session there will be a dynamic risk assessment on arrival and will be on going throughout the activity session</i>				
Extreme Weather	Sunburn Hypothermia Hyperthermia	Instructor to check weather forecast prior to expedition / journey & observe conditions throughout. If necessary stop activity and move to safety (often minibus / camp). Change plans / adapt route as necessary Emergency evacuation plan to be in place Ensure participants have suitable & adequate clothing plus access to warm (or cold) drinks and food Remind visiting staff & young people about sun protection. Group shelter and emergency equipment available If camping, sites should be chosen carefully under instructor guidance to provide best shelter from weather	No further action at this stage	
Equipment Failure	Various injuries	All equipment checked prior to use. Regular checks, maintenance & renewal schedule All equipment to correspond to required standards Personal protective equipment checked for correct fitting & monitored throughout activity by the instructor	No further action at this stage	
Participants	Various	Participants asked to share relevant previous & existing medical issues. Visiting group leaders asked any other (eg behavioural) issues Staff ratios (group size) amended as required	No further action at this stage	

Risk Assessment

Expeditions & Journeying

Lindley Educational Trust

Hollowford Centre

Current as of May 2012

By Becki Heys

Review date by 1st May 2013

Benefit Statement		As well as the benefits of hill walking (or other forms of travel). Expeditions allow us to explore wild and remote places that we might not get to in a single day. Eating and sleeping out in the great outdoors is an exciting, challenging, rewarding and highly memorable		
HAZARD	RISK	CONTROL MEASURE	FURTHER ACTION REQUIRED	RESPONSIBILITY / DUE & COMPLETED DATES
Members of the public	Various	Venue choice Qualified & experienced instructor	No further action at this stage	
Hazards related to specific outdoor activity undertaken as part of the expedition / journey	Various injuries	See separate Risk Assessments for the specific activities to be undertaken	No further action at this stage	
Unfamiliarity with venue or accommodation e.g. bunkhouses / campsites	Minor Injury e.g. from use of unfamiliar equipment	Comprehensive research into venues and locality to be undertaken during planning stage of expedition Where possible venues / accommodation will be inspected by staff prior to expedition Contact details, information on venue / accommodation to be kept on file On arrival at venue instructor to familiarise themselves and group members with the venue, its facilities and make clear emergency / fire procedure for the venue	No further action at this stage	
Burns / scalds / fire hazard from use of Trangias / gas / petrol stoves or open fires	Minor to serious burns and scalds	Participants to be fully trained in use of the specific stove before use Fuel to be kept separate from stoves and supervised by instructor Participants to be made fully aware of risks involved in use of stoves / open fires and not to use them within or too close to the tents Burns kits to be carried whenever stoves / open fires to be used on an expedition / journey Instructor 1 st aid qualified	No further action at this stage	

Risk Assessment

Lindley Educational Trust

Expeditions & Journeying

Current as of May 2012

By Becki Heys

Hollowford Centre

Review date by 1st May 2013**Benefit Statement**

As well as the benefits of hill walking (or other forms of travel). Expeditions allow us to explore wild and remote places that we might not get to in a single day. Eating and sleeping out in the great outdoors is an exciting, challenging, rewarding and highly memorable

HAZARD**RISK****CONTROL MEASURE****FURTHER ACTION
REQUIRED****RESPONSIBILITY / DUE &
COMPLETED DATES**

Stomach upsets

Minor to serious illness

Participants to be made aware of essential hygiene rules
Wipes / antibacterial liquid to be made available for use before cooking, eating and after using latrine facilities
On 'wild camps' latrine area should be defined at a suitable distance from the campsite and at the recommended distance from running water in order to prevent contamination. Toilet paper and cleansing facilities to be provided as well as explanation of method of disposal of soiled paper.
Suitable cleaning equipment to be carried in order to hygienically clean cooking utensils

No further action at this stage

Limited communication due to remote location

Increased time involved in gaining medical assistance

Clear route plan / expedition plan to be left at Hollowford base or with another responsible person
Emergency procedures to be followed if expeditioning group have not made contact by deadline left on the plan
Instructors to have access to variety of means of contact where possible and/or appropriate (e.g. mobile phones on more than one network, radios)
Instructors fully qualified in 1st aid and carrying comprehensive 1st aid and emergency equipment

No further action at this stage